



PEPPERMINT SUGAR SCRUB INSTRUCTIONS

Supplies:

- 1 / 4 cup coconut oil
- 1 / 2 cup coarse sugar
- 6-7 drops peppermint oil
- plastic jar with lid
- labels & decorating ribbon

Equipment:

- microwave
- microwave-safe bowl
- spoon

Refresh & exfoliate tired dry skin with a sweet peppermint scent. Great to gift for the holidays!

Directions

1. Melt the coconut oil in a microwave-safe bowl for 15- 30 seconds.
2. Let cool for about 5 minutes.
3. Stir in sugar and peppermint oil until evenly combined.
4. Package in air-tight jars .
5. Decorate for gift giving.
6. Use a small spoon to scoop out for use.



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